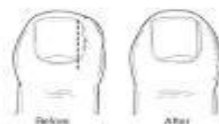


NAIL SURGERY Pre-Op Information

Nail surgery is a common procedure to remove part (or all) of the toenail. It is performed under local anaesthetic. An appointment is given for 45 minutes, and you will need to bring an open toe or roomy sandal/slippers with you and any inhalers or EpiPen's you normally use.

Please inform us of any change in medication or medical history since your last visit or if you have had or are due to have another local anaesthetic within 24 hours of your appointment. You will also need to inform us if you think you may be pregnant or are breast feeding. You are welcome to bring someone with you for support, this is essential if you are under 16. There is no need to miss drinks and meals before the appointment.

Partial Nail Avulsion



- Generally, two injections of local anaesthetic are given into the base of the chosen toe. Feeling is checked to ensure the injections have worked before the next stage of the procedure will start. The injection is effective against pain, but touch and pressure sensation will still be present.
- Once the toe is numb a band called a tourniquet is wrapped around the toe; this prevents bleeding while we are working. The nail will then be removed.
- The nail bed will then be treated using a chemical called phenol. This will stop the nail growing on the treated area. The tourniquet will then be removed, and the toe dressed with an appropriate large dressing.
- As with all minor procedures there are risks but they are rare, they include delayed healing, localised infection, regrowth, prolonged numbness, and allergic reactions to dressing or anaesthetics
- You should arrange for someone to drive you home after your surgery as your motor insurance may be invalidated if you drive whilst the toe is numb.
- Following the procedure, you will need to rest for the day. However, as the procedure does not involve stitches you will be able to return to work/school the day after the procedure.
- A further appointment may be made for you to attend a Podiatry clinic within 2 days later for your first redressing.
- You will need to redress the toe daily and keep it clean and dry. Your toe will take on average 4-8 weeks to heal
- The latest evidence shows a 97% success rate.