

Impulsive and compulsive behaviour in Parkinson's monitoring and information tool

What is impulsive and compulsive behaviour?

Impulsive and compulsive behaviour is when a person can't resist the temptation to carry out certain activities. Some Parkinson's medication can increase the risk of this kind of behaviour, which can have a big impact on the person affected and those around them. This behaviour can include addictive gambling, eating and shopping, or an increase in sexual thoughts and feelings. You can find out more about this in the *Impulsive and compulsive behaviour in Parkinson's* information sheet from Parkinson's UK.

If someone with Parkinson's experiences any behaviour changes, or any form of impulsive or compulsive behaviour, this should be discussed with the specialist, Parkinson's disease nurse specialist or GP as soon as possible.

It is important to discuss impulsive and compulsive behaviour at every appointment. This tool is for use during discussions between a healthcare professional and a person with Parkinson's.

Type of Parkinson's medication prescribed

We have discussed the following possible side effects before starting medication/while monitoring treatment (delete as applicable):

Gambling	Yes <input type="checkbox"/>	No <input type="checkbox"/>	Eating	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Internet use	Yes <input type="checkbox"/>	No <input type="checkbox"/>	Shopping	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Sex drive or change in sexual behaviour	Yes <input type="checkbox"/>	No <input type="checkbox"/>	Repetitive activity/punding	Yes <input type="checkbox"/>	No <input type="checkbox"/>

Is there a personal history of any of the above?

Is there a personal history of drug or alcohol misuse?

Is there a family history of any of the above?

Have the potential side effects been discussed with close friend, relative or partner? Yes No

Did this person attend the appointment with the patient? Yes No

Does the patient have a copy of the *Impulsive and compulsive behaviour in Parkinson's* information sheet? Yes No

Patient name

I understand that if I have any concern regarding any of these issues I have been advised to raise them with my Parkinson's specialist Yes No . I consent to this form being copied Yes No

Signed..... Date.....

Parkinson's disease nurse specialist/Specialist – print name

Signed..... Date.....

Copy one to patient, one to GP and one to medical notes (patient must give consent to copy).

For further information please email professionals@parkinsons.org.uk, visit parkinsons.org.uk or call **0808 800 0303**.

Any of these issues can be discussed confidentially with your specialist or Parkinson's disease nurse specialist, or by calling the Parkinson's UK helpline on **0808 800 0303**, Monday–Friday 9am–8pm (except Bank Holidays), Saturday 10am–2pm (calls are free from UK landlines and some mobile networks).

The following information resources are available to download from the Parkinson's UK website at parkinsons.org.uk

- *Impulsive and compulsive behaviour and Parkinson's*
- *Drug treatments for Parkinson's*