

Who can access these services?

These services are available to adults (18+) with a mental health support need who live in the Bath & North East Somerset area.

There is a central point of referral for all 3 services, and referrals can be accepted from:

- Local Mental Health Services
- GPs
- Local adult health and social care teams
- BANES Talking Therapies Service

Please note that Community Links welcome self-referrals.

If you would like to enquire further about how to access our services, please contact us on the number listed.

Services are provided free of charge.

Contact Numbers

Mental Health Reablement: 01225 831284

Work Development Team: 01225 396646

Community Links:

01225 837092 (Bath area)

01225 835817 (North East Somerset area)

Mental Health Services

- Reablement
- Community Links
- Work Development Team

Who are we?

Our Mental Health Services are comprised of three teams, each providing practical and social support to promote wellbeing and recovery from mental health problems.

Our qualified and supportive staff have a range of backgrounds and expertise and work closely with individuals to help them work towards their goals.

We hope that our support leaves people feeling hopeful, socially confident and more in control of their situation.

What can we offer?

Mental Health Reablement Team

This service provides short term practical and social support to people for up to eight weeks.

Our overall aim is to empower people to take steps that could help to build their confidence and independence.

We can provide support to maintain daily living skills and home management and to regain control over any financial concerns.

This service can help to prevent hospital admission and facilitate discharge.

We work with people to connect with their community and engage with their interests.

Work Development Team

For those experiencing difficulties in the workplace, due to, or resulting in mental health problems, we provide a job retention service. We can offer support to both the individual and their employer to ensure that meaningful employment can continue.

For individuals currently out of work we provide vocational support to help them access and maintain employment and training.

Community Links

We enable people to access a range of health, social care and wellbeing related activities, as well as one-to-one support to help plan for the future.

We hope to address issues such as loneliness and isolation through the facilitation of peer-led support, wellbeing, and activity groups. These provide opportunities to socialise with others and improve confidence.

The service also helps people to develop into peer mentors so that they can use their experience to help others.

Hearsay information hubs are provided as a free, confidential service drop-in sessions to offer advice, information and signposting. This could be for various difficulties such as housing, finance and stress related problems.

Community Links welcome self referrals, please contact the office (number overleaf) for more information.